

Agora



FEDERATION OF ASSOCIATIONS
FOR PATIENTS WITH RHEUMATIC AND
MUSCULOSKELETAL DISEASES
OF SOUTHERN EUROPE

2022

ANNUAL CONFERENCE

Future Directions
for Southern
European Patients'
Organizations

Lisbon,
September 16-17
2022

VIP Executive Art's Hotel
Avenida D. João II, nº 47
1998-028 Lisbon
Portugal

PROGRAM

Future Directions for Southern European Patients' Organizations

Lisbon
September 2022 | 16-17

GENERAL INFORMATION

Type of Event

On site. The sessions of the conference will be uploaded in the conference website for on demand use.

Venue

VIP Executive Art's Hotel, Avenida D. João II, nº 47, 1998-028 Lisbon, Portugal
(View venue location [here](#))

Date

September 16-17, 2022

Registration

Electronic Registration is mandatory and required for all participants.

Attendance Type

The scientific Conference will be only on site with physical attendance

The delegates have access to the following:

- Scientific program attendance
- e-Conference materials (i.e. e-program, certificate)
- Coffee and Lunch Breaks.

Conference website

<https://www.agora-platform.eu/conference2022>

Arrivals: Thursday, September 15, 2022. Dinner at the Hotel's restaurant at 20:00

Departures: Sunday, September 18, 2022



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AUSPICES/PATRONAGES

The Conference will be held under the auspices/patronages of



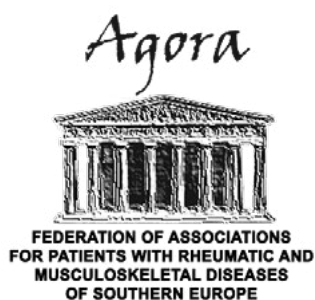


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GENERAL INFORMATION

Organisers



with the cooperation of



LIGA
PORTUGUESA
contra as
**DOENÇAS
REUMÁTICAS**

The Board of Agora

Andri Phoka	President
Boryana Boteva	General Secretary
Sebastian Micallef	Treasurer
Ana Vieira	Member

Conference Task Force

Andri Phoka - Chair
Katy Antonopoulou
Sina Bugeja
Elsa Frazao Mateus
Igor Medojevic
Michal Nudel
Stalo Andronikou Papamichael
Ana Vieira



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SPECIAL THANKS

The organizing committee wishes to acknowledge the financial support provided by the following companies:

Platinum Sponsor



Gold Sponsors



Silver Sponsor





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Program

Friday September 16, 2022

Main conference Hall

09:45 - 10:15	Registration	
10:15-12:00	General Assembly (For Agora members (only))	
12:00-14:10	Stretching & Lunch Break	
14:10-14:50	Opening of the AGORA Conference	
14:10-14:20	Welcome by Agora Chair	Andri Phoka
14:20-14:30	Welcome by the Host Country	Elsa Mateus
14:30-14:50	Introduction to the Conference: Topics	Andri Phoka
14:55-16:00	SESSION 1: LESSONS LEARNT DURING THE LAST TWO YEARS	
	Facilitator: Elsa Mateus	
14:55-15:15	Impact on RMD Community: Reumavid study results	Marco Garrido - Cumbra
15:15- 15:35	Autoimmune Disease & COVID-19. Research results	Caroline Heilpern
15:35-15:55	How we have mentally coped with the coronavirus pandemic	Tiago Pereira
15:55-16:05	Q&A / Discussion	
16:05-16:35	Coffee break and stretching exercises	



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Friday September 16, 2022

Main Conference Hall

Continuity

16:35-17:55	SESSION 2: DISTANCE AND PROXIMITY IN THE USE OF HEALTH CARE	
	Facilitator: Andri Phoka	
16:35-16:55	Digital and citizen focused health care	Dr. Luis Goes Pinheiro
16:55-17:05	Q&A / Discussion	
17:05-17:25	Delivery of biological medications. Summary of the report "Projeto de Proximidade"	Margarida Oliveira
17:25-17:45	Contemporary experiences from Portugal, Cyprus & Greece (Round table discussion) Panel: Speaker and patient representatives from Portugal, Cyprus and Greece	Margarida Oliveira Elsa Mateus Andri Phoka Athanasia Pappa
17:45 – 17:55	Q&A	
18:00-18:25	SESSION 3: ENGAGEMENT OF PATIENTS' ORGANIZATIONS IN DECISION MAKING	
	Facilitator: Boryana Boteva	
18:00 - 18:20	Engagement of patients' organizations in decision making – the experience of Cyprus	Andri Phoka
18:20 - 18:30	Q&A	
18:35 -18:40	Concluding remarks on day 1	Ana Vieira
19:30 -22:00	Dinner (Hotel's restaurant)	



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Saturday September 17, 2022

Main Conference Hall

Continuity

10:15-12:15	SESSION 4: INTO THE FUTURE	
	Facilitator: Sina Bugeja	
10:15-10:35	Changes in rheumatological care	Dr. Luis Cunha Miranda
10:35-10:50	Advancing Understanding Together	Dr. Burkhard Pieper
10:50-11:10	Q&A	
11:10-11:30	Patients Associations and vulnerable people: looking at the digital divide, digital exclusion, low health literacy levels, elderly people, regional discrepancies in access to healthcare, refugees	Boryana Boteva
11:30 – 11:40	Q&A	
11:40 -12:10	Relaxation techniques	Stalo Andronikou Papamichael
12:15 -12:30	Group Photo	
12:30 - 14:30	Lunch (Hotel's restaurant)	



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Saturday September 17, 2022

Main Conference Hall

Continuity

14:30 – 16:25	Session 5: SHARING POSSIBILITIES	
	Facilitator: Stalo Andronikou Papamichael	
14:30 -14:50	New approaches to funding opportunities	Dr. Joana Camilo
14:50 -15:10	Discussion with members from the floor	
15:15 -15:30	Building Better Bones: A GHLF Global Bone Health Initiative on the Relationship Between Bone Health and Co-Conditions	Adam Kegley
15:35-15:50	Closing Remarks	Andri Phoka Elsa Mateus
15:50-15:55	Next Conference at Montenegro	Igor Medojevic
18:30	Departure from the hotel for Sight seeing tour	
20:30	Conference Gala Dinner	



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Scientific Program

FACILITATORS AND SPEAKERS

Boteva Boryana	General Secretary of AGORA, President of BOPRD, Bulgaria
Bugeja Sina	MSc (Wales); FRSPH; AgilePM, Vice President of ARAM, Senior Lecturer (P/T) University of Malta, Malta
Camilo Joana, Dr.	Executive Director of CREATING HEALTH - Research & Innovation, Portugal
Cunha Miranda Luís, Dr.	Chair of the General Assembly, Portuguese Society of Rheumatology, Portugal
Garrido Cumbreira Marco, PhD.	Professor, Health & Territory Research (HTR), University of Seville, Spain
Luis Goes Pinheiro, Dr.	Chairman of the Board of Directors of SPMS, EPE. Shared Services for Ministry of Health, Portugal
Heilpern Caroline, MIHMEP	Regional Manager Europe, Global Alliance for Patients Access (GAfPA/ EAfPA), USA
Kegley Adam	Manager of Global Partnerships, Global Healthy Living Foundation (GHLF), USA
Mateus Elsa , PhD.	PhD in Anthropology, (Anthropology of Health) Institute of Social Sciences University of Lisbon, President of LPCDR, Member of EULAR Board and Council, EULAR PARE Vice President, EUPATI Fellow, Portugal
Medojevic Igor	President of Rheumatic Assosiation Montenegro, Montenegro
Margarida Oliveira	Coordinator of the Working Group for Proximity Dispensing of Medicines INFARMED
Pappa Athanasia	Health Visitor, President of Hellenic League Against Rheumatism and President of Hellenic Menopause Society, Greece



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FACILITATORS AND SPEAKERS

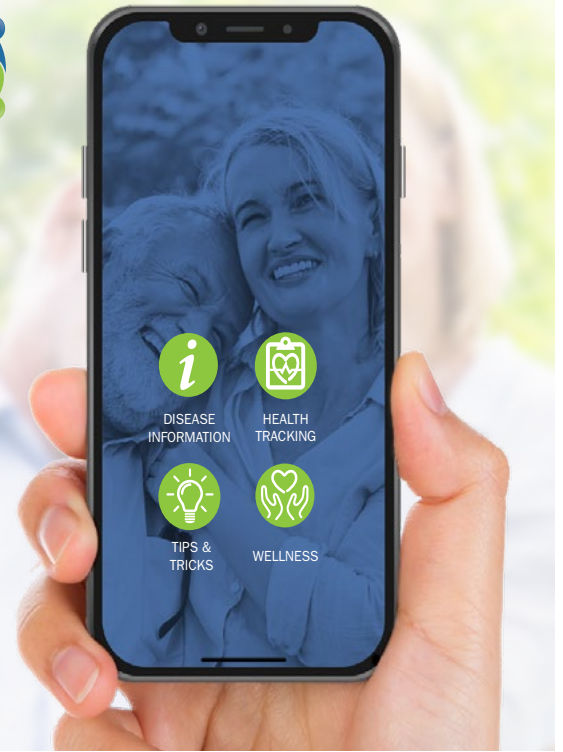
Continuity

Temido Marta	Prof. Doutora, Minister of Health, Portugal
Papamichael Andronikou Stalo	Treasurer of CYLPER, Cyprus
Pereira Tiago	COVID-19 Crisis Cabinet Coordinator / Board of Directors Order of Portuguese Psychologists', Portugal
Phoka Andri	President of AGORA, and CYLPER, Secretary of ASIF, Eupati Fellow and Member of Eupati National Platform Cyprus, Cyprus
Pieper Burkhard, Dr. , MD	BBU Scientific Officer, Biogen International GmbH, Switzerland
Vieira Ana	AGORA board member, Sjögren Europe board member, LPCDR audit committee member, ISN community liaison officer, EULAR PRP network member, HarmonicSS pSS PAG member, ERN ReCONNECT ePAG & SC member, EURORDIS ePAG & winter school alumni, FOREUM SC member, EULAR Research Committee member, Portugal

Introducing Care+

A new patient service from Biogen

Care+ is a new patient app that provides important tools & resources for immunology patients, and supports patient/doctor conversations



Care+ App is available to download on the App Store (IOS) and Google Play (Android) in Italy, Germany, Czech, Switzerland, with additional launches planned in 2022 and 2023.



Disease insights* to help you better understand your condition



Self-assessment tools to simplify the process of symptom tracking and disease management



Practical aids including appointment reminders, guidance for administration, medication information and more



Health and wellness content including recipes and exercises to support you through your journey

*Supporting information for the following conditions: Axial Spondyloarthritis (Ankylosing Spondylitis, Non-Radiographic Axial Spondyloarthritis), Crohn's Disease, Hidradenitis Suppurativa, Psoriasis, Psoriatic Arthritis, Rheumatoid Arthritis and Ulcerative Colitis.

Some components and availability of product information can vary by country. The Care+ app has been developed, maintained, and fully funded by Biogen.