

Nadia Malliou



Title

PhD(c) Anesthesiology and Intensive Care Dpt., School of Medicine, Aristotle University of Thessaloniki

MSc Cognitive Experimental Psychologist

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CV

Nadia Malliou is a Psychologist, specialized in Cognitive Experimental Psychology, with experience in various professional settings, including mental health services, primary care, and administration.

Being a person living with AxSpA herself, she has focused her clinical practice on supporting patients with rheumatic and musculoskeletal diseases, as well as those living with chronic pain.

She volunteers in several working groups of EULAR PARE, serves as President of Pain Alliance Europe (PAE) in collaboration with the European Pain Federation (EFIC), and sits on the Board of Directors of the Axial Spondyloarthritis International Federation (ASIF). She is also a member of the Community Advisory Board of the European Federation of

Neurological Associations (EFNA), Vice President of the Hellenic League Against Rheumatism (EL.E.AN.A.), and Vice President of E.OS.-SPA.NO.PA.

She recently began her PhD thesis on non-pharmacological interventions for chronic postoperative pain at the Department of Clinical Anesthesiology and Intensive Care of the Medical School of the Aristotle University of Thessaloniki (AUTH). In parallel, she also volunteers as an Academic Associate at the Pain Clinic of AHEPA University General Hospital in Thessaloniki.

She has participated in several research projects, either as a researcher or as a patient research partner, and has been an invited speaker at numerous conferences.