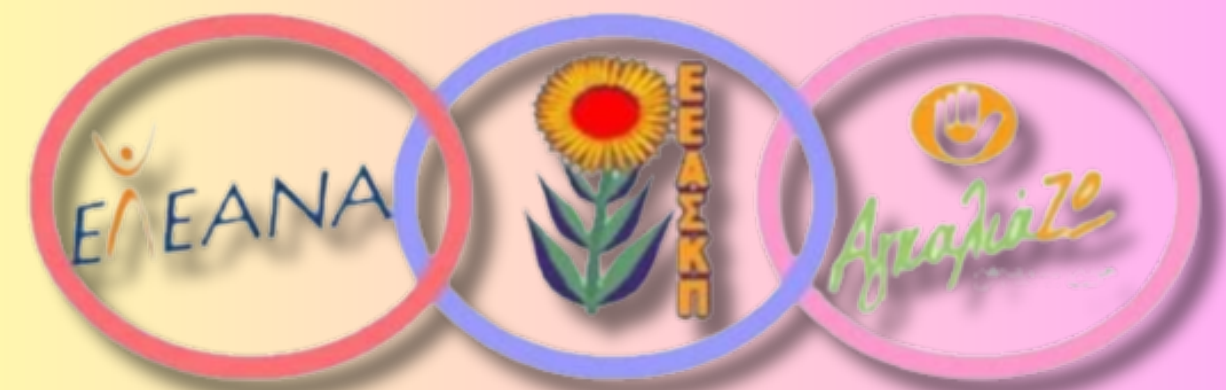




BUILDING BRIDGES IN HEALTH

A FESTIVAL FOR MULTI-MORBIDITY AWARENESS

1^ο ΦΕΣΤΙΒΑΛ ΥΓΕΙΑΣ
ΕΝΗΜΕΡΩΣΗΣ, ΠΡΟΛΗΨΗΣ & ΑΓΑΠΗΣ



Background

ELEANA Patras branch aimed to explain multimorbidity's impact on rheumatic diseases, inspiring the creation of a Health Festival

Objectives

- Collaboration: Local health associations engaged in a scenic, relaxing venue
- Diverse Participation: 38 associations offered health resources at individual booths



Key Activities

● Educational Material Distribution:

Brochures and materials were shared, with doctors on-site for Q&A sessions

● Health Screenings:

Mobile units offered:

- Blood donation, ultrasounds, breast exams, allergy and blood sugar tests
- Rheumatologic, dental, and pediatric eye exams

● Lectures and Presentations:

Health associations hosted talks in a dedicated area

● Art and Child Activities:

Art exhibits and interactive activities created a family-friendly vibe with live music

● Recreational Programs:

Kids enjoyed sports, theater, games, and face painting

● Fundraising Bazaar:

Associations held a bazaar to support their causes



OPENING AND CLOSING CEREMONIES

The festival opened with gratitude to local sponsors, drawing hundreds of community members and schools

Over two days, connections were formed and ideas shared

The closing featured cultural performances, uniting the community and establishing a cherished tradition

Results 1st year

- 130 breast exams
- 80 pediatric screenings
- 56 ultrasounds
- 16 allergy test
- 42 Capillary blood glucose monitoring (CBG)
- 40 rheumatologic tests



Results 4th year

- 390 breast exams
- 320 pediatric screenings
- 168 ultrasounds
- 70 allergy tests
- 140 Capillary blood glucose monitoring (CBG)
- 200 rheumatologic tests



Conclusion

The Health Festival successfully raised awareness about multimorbidity in rheumatic diseases while deepening community connections

The event during the course for the years promoted collaboration and health education for everyone