From AI possibilities to action

What is ONE initiative your organisation could realistically start to help people living with RMDs benefit from AI or digital health?

One initiative. One simple plan. One first step.

AI is not the goal. Patient benefit is the goal.

Seven working steps

01

Choose the patient challenge

02

Define who it is for

03

Choose ONE initiative

04

Clarify the AI / digital role

05

Map people & partners

06

Plan the first 90 days

07

Prepare your 2–3 min pitch

Start with the patient need. Keep the plan realistic.

Your initiative could be...

These are examples, not a menu. Start with the patient need.

- Awareness campaign about RMDs and AI
- Advocacy initiative for policy or legislative change
- Patient education or AI literacy programme
- Support for medication, rehab or self-management
- Survey of patient needs and concerns
- EU project concept or cross-sector partnership
- Small digital-health pilot or co-design activity

Choose one. Make it explainable. Make it possible to start.

2–3 minute group pitch

Answer four questions. Finish with one concrete first step.

01

What patient challenge are we addressing?

02

What is our initiative?

03

What difference do we want it to make?

04

What is the first thing we will do in 90 days?

“The first thing we will do is…”

Keep it simple. This is not a funding pitch - it is a move from discussion to action.