

2023 ANNUAL CONFERENCE

Empowerment

to **manage** our own **lives** and our own **care**

September **8-9** 2023

PODGORICA, Montenegro

Conference Report



Agora



FEDERATION OF ASSOCIATIONS
FOR PATIENTS WITH RHEUMATIC AND
MUSCULOSKELETAL DISEASES
OF SOUTHERN EUROPE

With the cooperation of



Association for helping people
with rheumatic diseases
MONTENEGRO

MEETING OBJECTIVES



NETWORKING

Very important for AGORA's members



KNOWLEDGE

Knowledge, exchange ideas and best practices



INNOVATION

Our priority was to promote new innovative ideas to develop the 360 Management of RMDs and keep or increase our quality of life.

SPONSORS

PLATINUM SPONSOR



GOLD SPONSOR



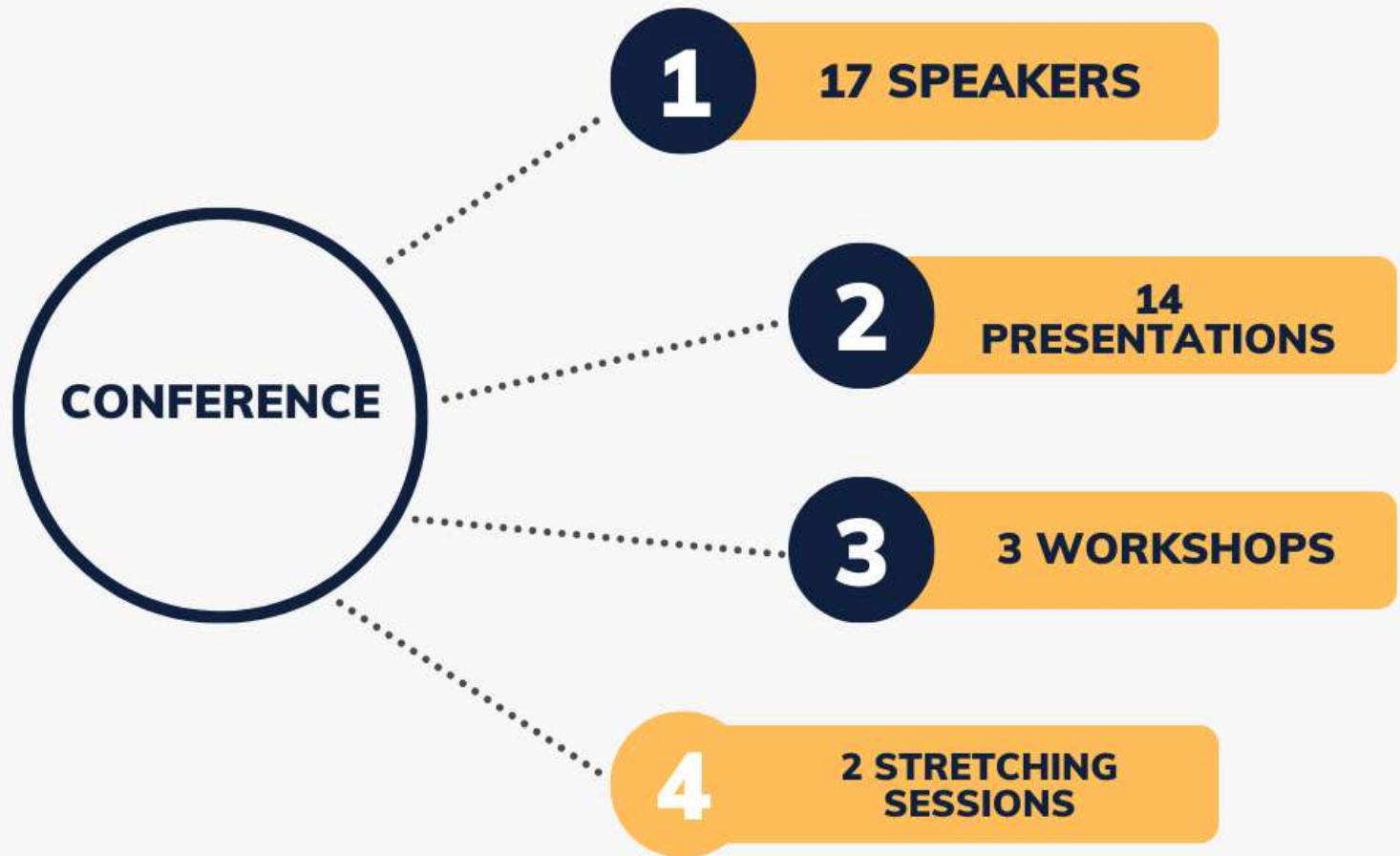
SILVER SPONSORS



BRONZE SPONSORS



CONFERENCE IN NUMBERS





60 participants from 13 members associations from 9 countries



Congress included

Lectures

with Q&A , after each presentation, were the participants had the chance to interact with speakers



Workshops



Event material



Congress bag



welcome screen



Roll up

Event material

PROGRAMME

Agora
FEDERATION OF ASSOCIATIONS
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September 8-9 2023
PODGORICA, Montenegro



Hotel **Ramada Podgorica**
Bulevar Save Kovačevića 74
81000 Podgorica, Montenegro
www.ramadapodgorica.me

Program

PROGRAMME | 7

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<https://www.agora-platform.eu/conference2023>

GENERAL INFORMATION

Organisers

Agora
FEDERATION OF ASSOCIATIONS
FOR PATIENTS WITH RHEUMATIC AND
MUSCULOSKELETAL DISEASES
OF SOUTHERN EUROPE

with the cooperation of


Association for helping people
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MONTENEGRO

The Board of Agora

Andri Phoka	President
Boryana Boteva	General Secretary
Sebastian Micallef	Treasurer
Ana Vieira	Member
Athanasia Pappa	Member

Conference Task Force

Andri Phoka - Chair
Katy Antonopoulou
Sina Buggeja
Igor Medojevic
Michal Nudel
Stalo Andronikou Papamichael
Ana Vieira

SPECIAL THANKS

The organizing committee wishes to acknowledge the financial support provided by the following companies:

Platinum Sponsors

 **HORIZON.**

Gold Sponsors

 **Biogen.**

Silver Sponsors

 **NOVARTIS**  **Pfizer**

Bronze Sponsors

 **Boehringer
Ingelheim**  **Galapagos**
Pioneering for patients  **ucb**

Event material

Congress badge



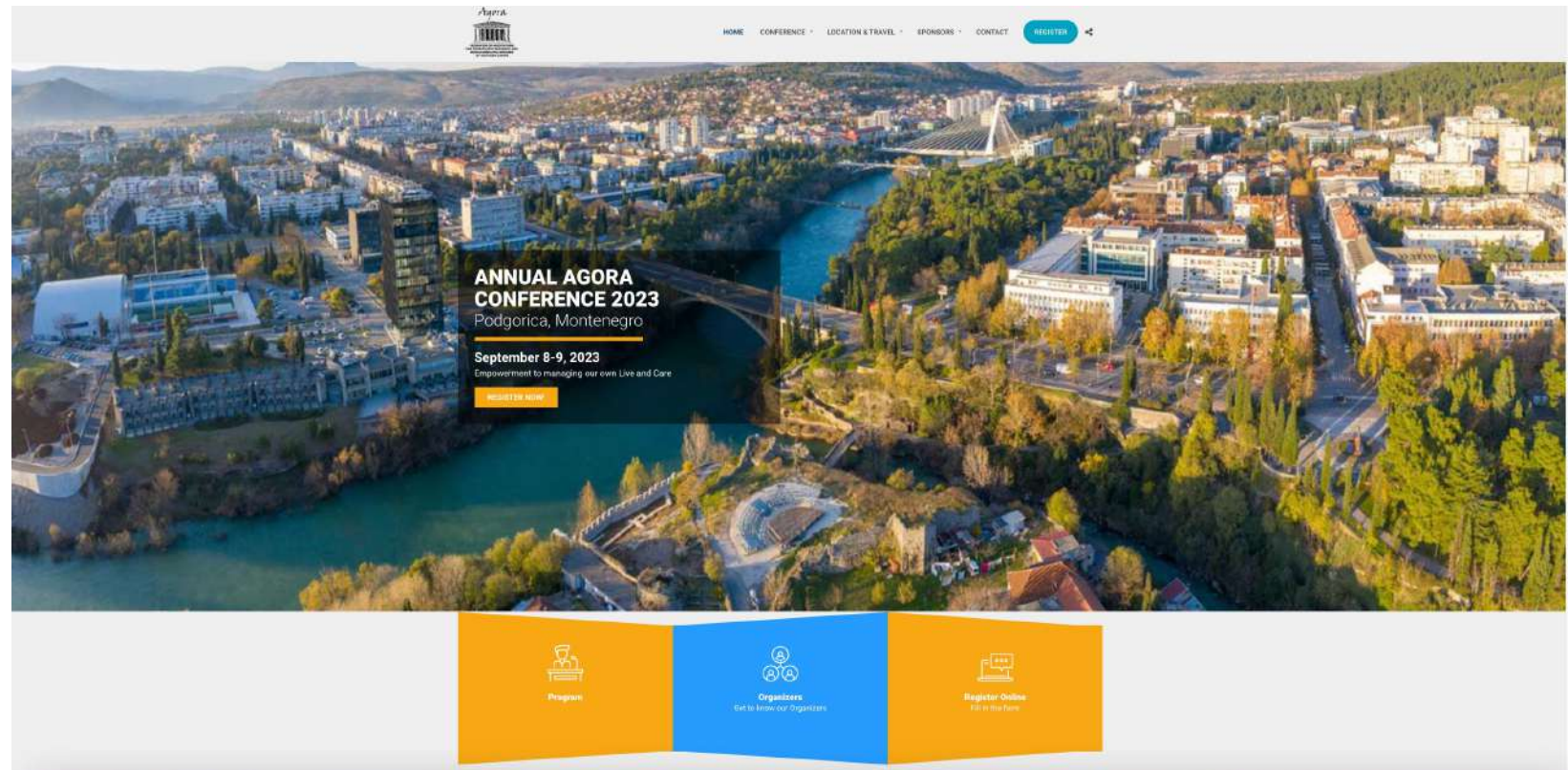
Sponsorship opportunities



Promotion activities

<https://www.agora-platform.eu/conference2023/>

Website



Promotion activities

Conference sessions on demand by
the end of September 2023



Promotion activities

6 Posts in Agora's social media accounts

Agora the platform of Southern European organizations of people with RMDs
Published by Katy Antonopoulou · 15 September at 15:58 · 🌐

The annual conference of Agora for 2023 came to an end. Excellent sessions, amazing networking, and warm hospitality. A big thank you to all and our sponsors. Platinum: HORIZON, Gold: BIOGEN, Silver: NOVARTIS and PFIZER, Bronze: Boehringer- Ingelheim, Galapagos and ucb.




[See Insights and Ads](#) [Boost post](#)

Agora the platform of Southern European organizations of people with RMDs
Published by Katy Antonopoulou · 2 September at 11:09 · 🌐

As our annual conference is very close- only 6 days remaining- we would like to welcome you all to Podgorica.



GDMK-ZCMP.CAMPAIGN-VIEW.EU
AGORA CONFERENCE 2023 FINAL PROGRAM
AGORA CONFERENCE 2023 FINAL PROGRAM - Description

[See Insights and Ads](#) [Boost post](#)

Agora the platform of Southern European organizations of people with RMDs
Published by Katy Antonopoulou · 7 September at 21:58 · 🌐




Agora the platform of Southern European organizations of people with RMDs is in Podgorica Capital City.
Published by Katy Antonopoulou · 7 September at 21:50 · 🌐

AGORA Conference 2023, Montenegro, Podgorica.
Day 1: Kick-off with an amazing workshop on the topic "Addressing the Mental Health Impact for People Living With Chronic Using Real-World Evidence, by DeFelice Chris.
Mr. DeFelice serves as TREND Community's Chief technology Officer, USA.
Stay tuned for more updates from our conference!
#AGORAFEDERATION #AGORAconference2023 #RMDs #Montenegro
*Empowerment to manage our own lives and our own care



Agora the platform of Southern European organizations of people with RMDs
Published by Katy Antonopoulou · 9 September at 12:12 · 🌐

Excellent presentations, excellent speakers during the 1st day conference.
Raj Mahapatra, President of NASS, UK
Andri Phoka, our President
Souzi Makri, Past of Euler Pare, VP of CYPLER and Eupati Fellow, Cyprus and
Katy Antonopoulou, our Head Communications and Health Communications expert
Machi Salamalakki showed us what they are doing in ELEANA Patras with their physiotherapist with a video and finally we had stretching exercises with Stallo Andronicou Papamichael
We had also our two workshops for Strategic Planning
WHAT AN EXCITING DAY!!!!



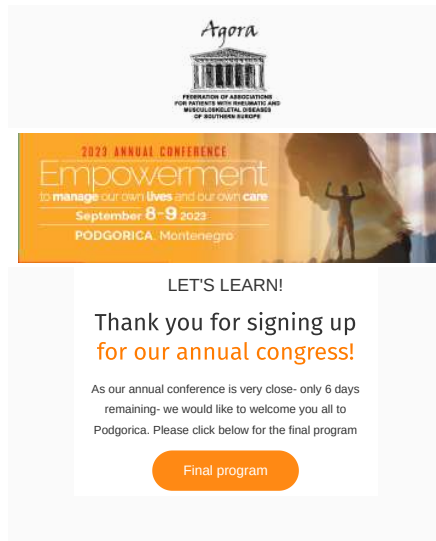
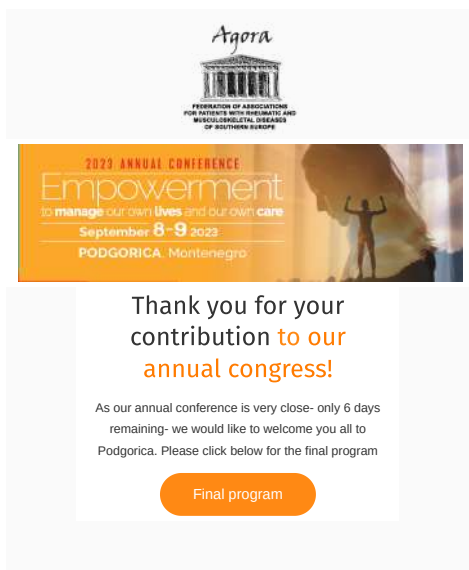
Agora the platform of Southern European organizations of people with RMDs
Published by Katy Antonopoulou · 9 September at 12:17 · 🌐

Two excellent workshop
Awareness campaign with Boryana Boteva and
Strategic planning with Sina Bygeja were held during our 1st day as well.
Very informative!
Thank you Boryana and Sina

Promotion activities

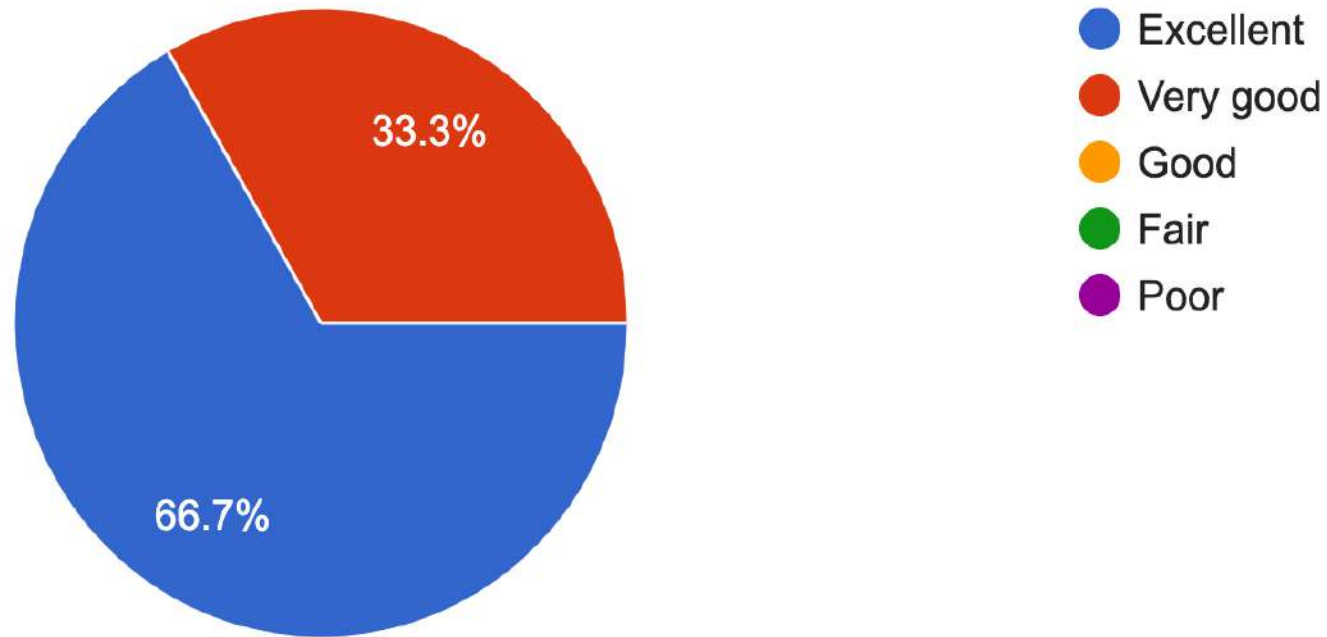
4 DM to our members





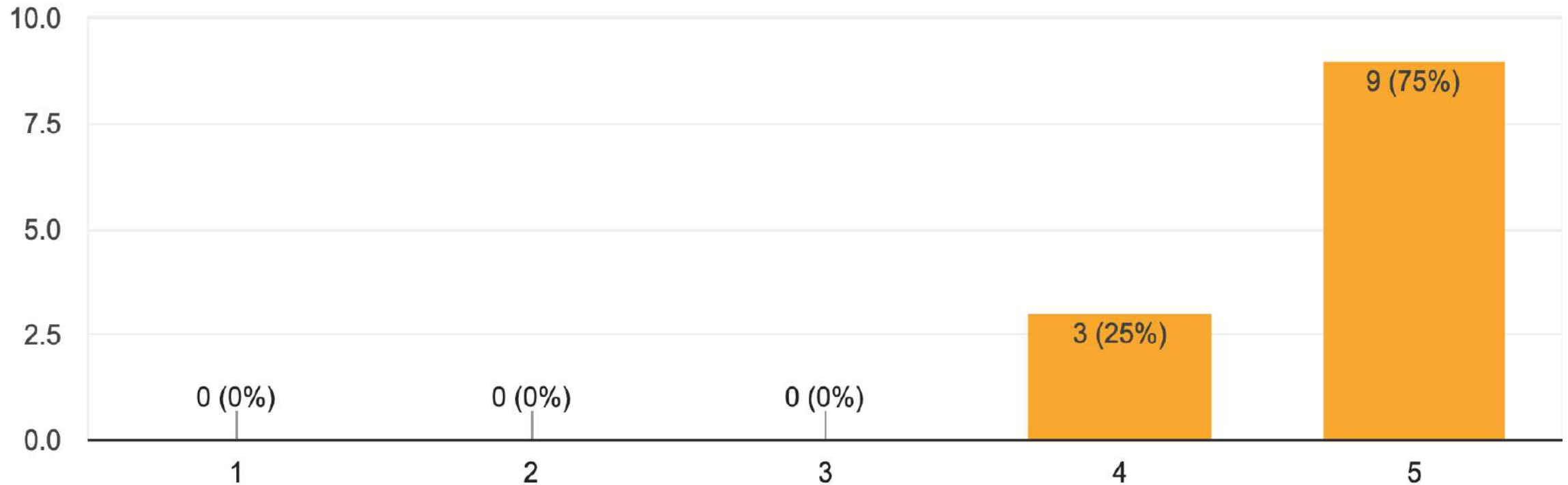
Evaluation

How would you rate your overall experience of the 2023 Annual Agora Conference?

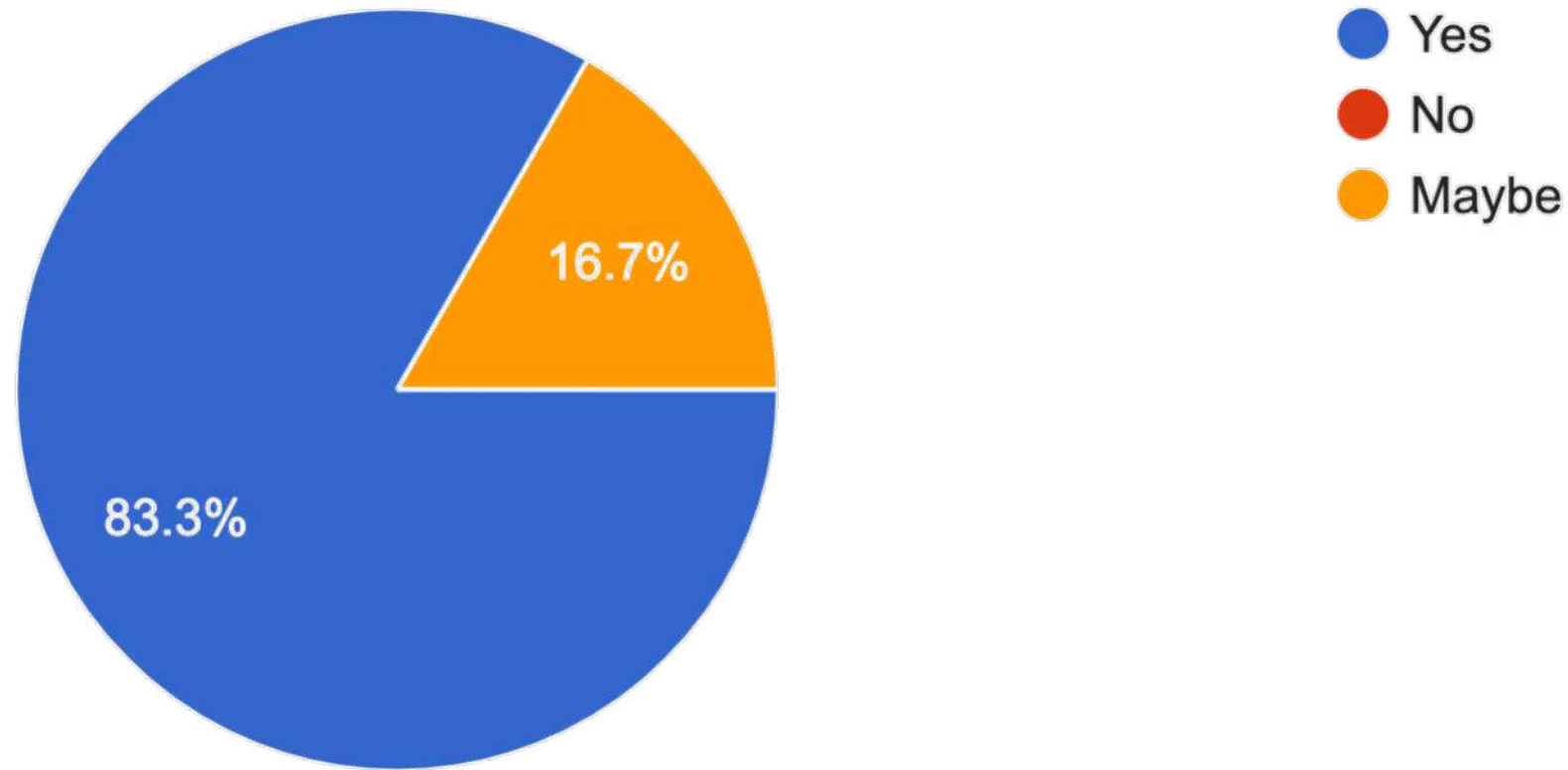


How interesting did you find the conference topic?

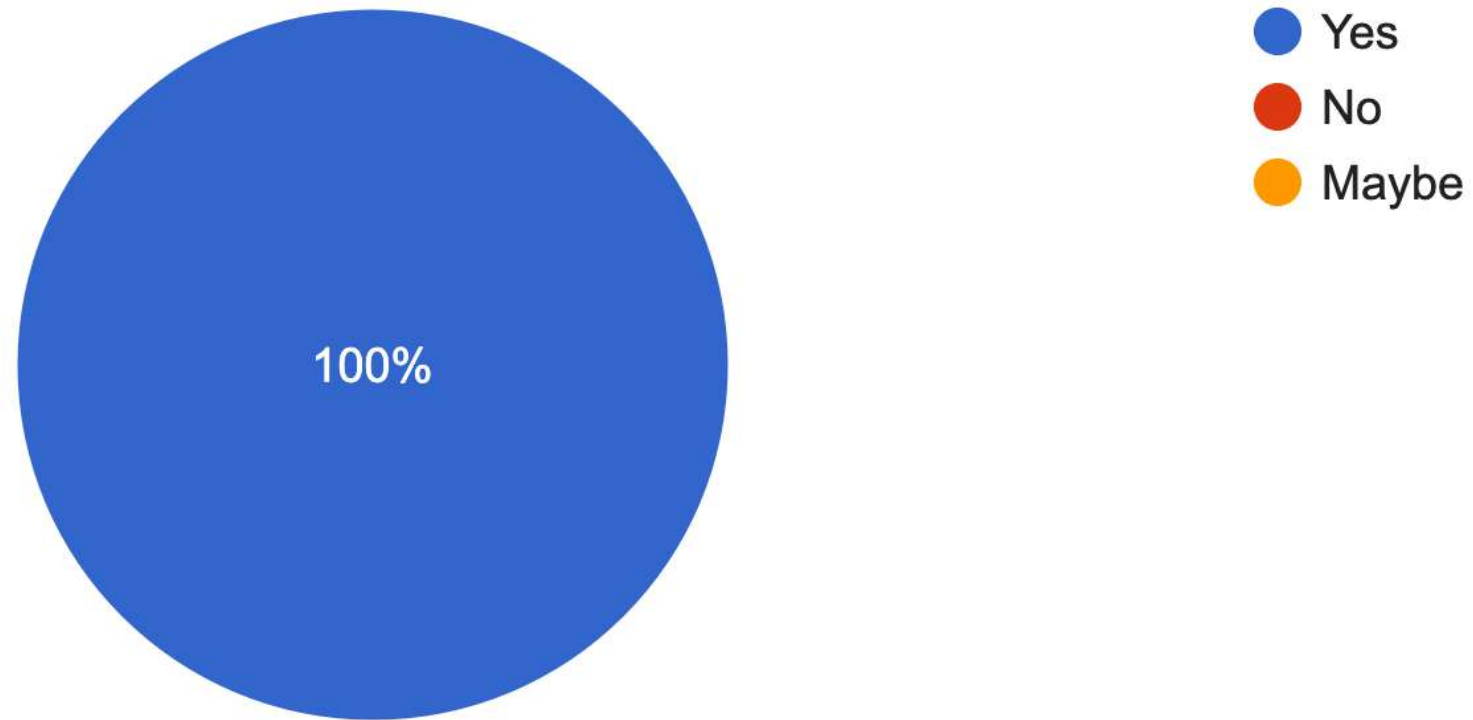
(1: Not Interesting, 2: Little Interesting, 3: Neutral, 4: Interesting 5: Very Interesting)



Did the conference content help you acquiring new information or develop new skills?



Did the conference meet your overall expectations?



How do you intend to disseminate the key information and conclusions that came out from the Conference within your own organisation?

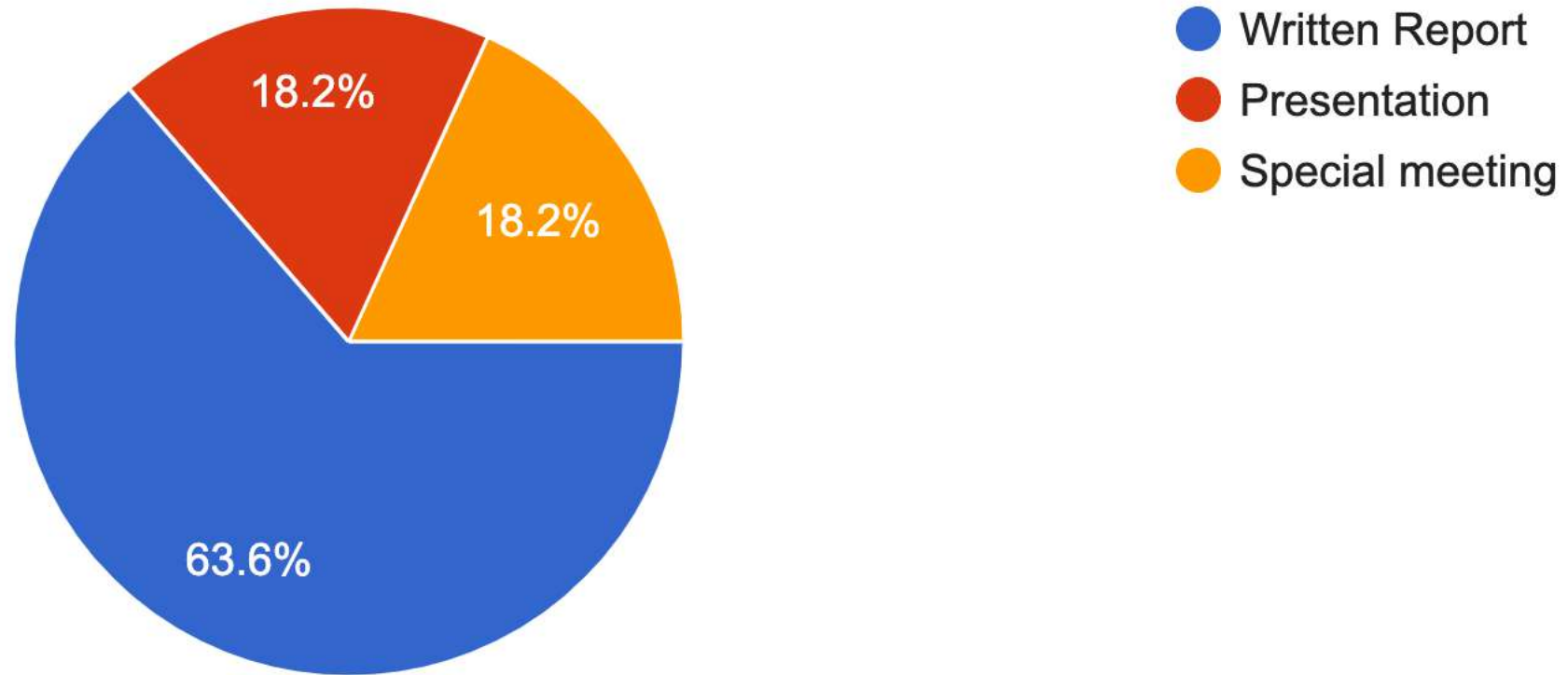


Photo Page



A background image of two hands shaking in a firm grip, symbolizing agreement or partnership. Overlaid on the handshake is a large, multi-colored diamond shape. The diamond's border is composed of several parallel lines in yellow, cyan, and green. The text 'THANK YOU' is centered within the diamond in a bold, white, sans-serif font.

THANK YOU

Agora



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OF SOUTHERN EUROPE

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